

Vizzio's Kung-Fu and Ringside Fitness

We will temporarily be located at:

603 Adams Street Hoboken, NJ

(201) 223 – KICK

www.Vizzio.com

FALL SCHEDULE 2007

Effective: September 4, 2007

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:15 AM	Kick Boxing Moutainside Rec		Kick Boxing Moutainside Rec		
6:00 PM		KUNG-FU ALL Ages ALL Belts		KUNG-FU ALL Ages ALL Belts	
6:30 PM					FULL CONTACT
7:15 PM		Kick Boxing Teen & Adults		Kick Boxing Teen & Adults	